

WEEKEND WELLNESS

Please join us every Saturday from 12:00pm - 2:00pm



HOLIDAY MIX & MINGLE



December 21, 2024
12:00pm - 2:00pm

- *Free Samples: Amari CBD beverages
- *Free Samples: Smokiez CBD gummies
- *Snacks and light refreshments provided
- *Pets are welcome, too!

Meet Hans Doherty, owner of Growing In Health Florida.

Learn about the endocannabinoid system and all the things that cannabis can help regulate or reduce, including:

* sleep * stress * anxiety * depression * inflammation * much more!

[GrowingInHealthFlorida.org](https://growinginhealthflorida.org)

7211 Vanderbilt Beach Road, Ste 3 - Naples, FL

239-331-4807

Weekend Wellness is a FREE, family-friendly event!